



SQ4R

Survey Determine the structure, organization, or plan of the chapter. Details will be remembered because of their relationship to the total picture.

Think about the title. Guess what will be included in the chapter.

Read the introduction. Here the main ideas are presented; they are forest which must be seen before the details, the “trees”, make organized sense.

Read the summary. Here is the relationship among the main ideas.

Read the main heads. (boldface type) Here are the main ideas. Determine where in the sequence of ideas each one fits.

Question Look at questions included in the textbook (at the end of each chapter or section). Read any questions included on work sheets or written on the board. Make up questions from chapter headings.

Read In **SCIENCE COURSES**, it's more effective to read a chunk of the chapter slowly working examples as you read.

In most courses, skim or read through the chapter quickly to get a general idea of what it is about. Then read everything more slowly for details.

Recite Summarize what the chapter is about aloud either to yourself or to someone else. If you can talk about what you've read in your own words, you understand it. (cognitive rehearsal)

'Rite Write down key facts from the chapter. Write down answers to the questions from the chapter.

Review Go over the material again as soon as possible (within the next 24 hours). Then continue to look over the material on a regular basis as you add more information during the unit or semester.

Modified by Becki Williams and Ami Stovall, 5/20/2007